



# THE FROGSTONE GRILL

[www.frogstone.com](http://www.frogstone.com)

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## APPETIZERS

- Greek Pita**...our signature dough baked up fresh and topped with homemade tzatziki....\$6.49
- Hot Guacamole Dunk**... fresh guacamole baked up and served with cheddar-lime pita sticks....\$7.99
- Muscle Beach**...tender mussels rolled in cream, garlic, dill, and freshly grated parmesan.....\$9.69
- Frogstone "Ribbets"**...mini ribs smoked and tossed with our spicy Calypso or BBQ sauce.....\$9.49
- The Boneyard**...a stack of little bite-size ribs with cracked black pepper, sea salt and dip....\$8.99
- "Big Cheese" Nachos**...we defy you to find better anywhere! 4 kinds of cheeses, green onions, tomatoes, and olives....\$10.99 Beef....\$1.29  
Guacamole made at your table....\$2.79 "Minichos" ...\$8.49
- Chicken Strips & Triple Dips**...big, tender chicken tenderloins breaded & ready to take on our 3 unique dips. Dippety doo da!....\$8.99 Add Fries, Caesar, or Tossed Salad.....\$2.50
- Froghouse Dunker**...forget artichoke dip! This is a hot and bubblin' cauldron of cheesy creationism with sundried tomatoes, button mushrooms, and asiago cheese. Served with seasoned pita sticks...\$7.49
- Burnin' Bread**.....hot banana peppers, jalapeños, and cheddar baked right into our fresh dough. Served hot out of our brick oven with olive oil and balsamic vinegar...\$6.99
- Thai Tigers**...grilled tiger prawns with toasted sesame seeds and our wicked spicy Thai peanut sauce...\$9.50
- Homemade Soup of the Day**...always something different and creative.....\$4.99
- Caesar Salad**...with freshly grated parmesan and focaccia bread.....\$6.25
- House Salad**...crisp romaine, cukes, carrots, diced tomatoes and your choice of dressing....\$5.95

## SALADS... Starter-sized, or as an entree

- What Are Ya'...Chicken?**...a grand Caesar salad with crisp Romaine, fresh parmesan, tender chicken chunks, and homemade croutons. Served with fresh focaccia bread..... \$8.49 / \$10.29
- Chicken Thai Noodle Salad**...rice noodles, snow peas, cucumbers, onions, carrots, fresh cilantro and crisp Romaine tossed in our spicy Thai peanut sauce with big chicken chunks... \$8.99 / \$10.99
- Frogstone Salad**...crisp romaine lettuce with carrots, cucumbers, tomatoes, sprouts, mushrooms, almonds and snow peas, served with fresh focaccia.... \$8.19 / \$10.29
- Avocado and Smoked Salmon**...with a blend of romaine and fresh spinach leaves, carrots, tomatoes and sprouts. Served with extra- virgin olive oil and aged balsamic vinegar....\$9.49 / 10.99
- Sun-Dried Fruit Salad**...dried cranberries, cherries, and figs combined with fresh apple chunks, tomatoes, romaine lettuce, and roasted cashews....\$9.49 / \$11.49

## PASTA & STIRFRYS...Two sizes for all appetites. Served with fresh focaccia bread

- 4 Cheese with Smoked Chicken**...4 cheeses blended into our homemade sauce then tossed with chunks of our tender chicken atop penne noodles..... \$11.49 / \$13.49
- Linguini Pescatori**...tender mussels, shrimp, tiger prawns and scallops adorn this seafood lover's daydream. Choose from alfredo, rosé or tomato basil sauce.... \$12.29 / \$14.99
- Smoked Salmon with Dill**...cherry-smoked salmon with spinach leaves, capers and sundried tomatoes tossed with linguini noodles and your choice of alfredo, rosé or tomato basil sauce.... \$12.99/ \$14.99
- Italian Rustica**...spicy chorizo sausage gives this pasta a little kick. Includes roasted peppers, portabella mushrooms and our tomato-basil sauce.... \$11.99 / \$13.99
- The Big Veggie Hit**...a medley of veggies pan-seared and rolled in your choice of alfredo, rose or tomato basil sauce with penne noodles..... \$10.99 / \$12.99
- Cashew Stirfry**...tender chicken with peppers, onions, celery, sprouts and roasted cashews served on your choice of rice pilaf or rice noodles..... \$11.99 / \$13.99 Shrimp..... \$11.99 / \$14.49 Steak..... \$11.99 / \$14.49
- 'Spicy' Pineapple Stirfry**...healthy never tasted so good! Peppers, mushrooms, snow peas, onions, celery, sprouts, tomatoes and pineapple all tossed with our spicy-sweet stirfry sauce and served on your choice of rice pilaf or rice noodles..... \$10.29 / \$13.29

## SANDWICHES...Created on our homemade focaccia bread. Served with your choice of soup, battered fries, tossed or Caesar Salad.

- Big Bird**...oven roasted chicken with bacon, cheddar and tomatoes. Baking it open faced in our brick oven makes it more than just a sandwich!....\$10.29
- Texas Refrigerator**...this is Todd's favorite. It has chicken, ham, bacon, lettuce, tomato, roasted pepper mayo, mozzarella and cheddar cheese.....\$10.99
- Hot Vegetarian**...served open faced with portabella mushrooms, cucumbers, roasted red peppers, asiago cheese and cheddar. Topped with fresh avocado slices.....\$10.49
- Macho Melt**...big flavor with a little kick. Spicy Jamaican tomato sauce, chorizo sausage, tomatoes, green peppers, bacon, jalapeño jack and cheddar cheese...\$10.29
- Seafood Melt-Down**...served open faced with house smoked salmon, grilled shrimp, onions,tomatoes, avocado slices and jackcheese.....\$11.29

## **BLANKETS**...Served with your choice of battered fries, soup, tossed or Caesar Salad

**Jerk Chicken Blanket**...this one started the 'blanket' craze. Oven roasted chicken chunks in a spicy Jamaican jerk sauce with pan seared peppers, onions and pepperjack cheese.....\$10.49

**Clubhouse Blanket**...smoked chicken, ham, bacon, lettuce and tomato, with our honey mustard and cheddar cheese.....\$11.29

**Stop, Drop, and Roll**...after you eat this blanket! Spicy beef, spicy chorizo sausage, banana peppers, onions, tomatoes, cheddar and pepperjack cheeses.....\$10.99

**Spicy Szechwan Blanket**...spicy peanut satay sauce tossed with rice noodles, green onions, carrots, snow peas, spouts, fresh spinach leaves and chicken chunks.....\$10.49

## **BRICK OVEN PIZZA**...Rolled thin and baked crispy in our forno oven. 9" pizza - \$11.79 12" pizza - \$14.79

**Tosceno**...spicy chorizo sausage, roasted peppers, portabella mushrooms, mozza and parmesan. Topped with fresh tomatoes.

**Hawaiian**...our brick oven makes this classic pizza the best it can be. Pineapple with big smoked ham chunks. Topped with jack and mozza cheeses.

**Thai Chicken**...slow roasted chicken with red and green peppers, onions, julienned carrots, peanut sauce, slivered almonds, fresh cilantro, jalapeño jack and mozzarella cheeses.

**Pizzatarian**...mushrooms, roasted red peppers, sundried tomatoes, onions, black olives, pineapple, and 5 kinds of cheese.

## **BURGERS**...Choose from our huge chopped-steak burger, chicken breast or veggie burger.Served with your choice of soup, battered fries, tossed or Caesar salad.

**Froghouse Burger**...bacon, cheddar, lettuce, tomato, mustard, mayo and roasted pepper mayo..\$10.49

**Southwestern**...fresh avocado slices, bacon, lettuce, tomatoes, sautéed onions and jack cheese.....\$10.99

**Chicago Beer Burger**...beer braised onions, lettuce, tomato and tangy asiago cheese.....\$9.99

**Jamaican**...roasted peppers, sautéed onions and cheddar combined with our spicy jerk sauce make this a burger to remember maan.....\$10.49

**Mushroom Madness**...a combination of button and portabella mushrooms topped with jack cheese, lettuce and tomato.....\$10.49

**Texas BBQ**...could actually be a meal for a small family. Bacon, ham, mushrooms, sautéed onions, roasted peppers, BBQ sauce, lettuce, tomato, cheddar and mozza.....\$11.29

## **STERLING SILVER STEAKS**...Served with seasonal veggies and choice of our famous brick oven mashed potato, wild rice pilaf or battered fries.

**Sterling Silver Top Sirloin**...always one of the most flavourful steaks, and Sterling Silver makes it tender like butter. Add a steak-maker and have a steak to remember. 8oz....\$18.99 10 oz....\$21.99

**Sterling Silver 10 oz Rib-eye**...if you love prime rib; you will love our rib eye. In the past year this has become a very popular steak, for good reason. Well marbled, and as tender as it gets....\$25.99

**Sterling Silver 12 oz. New York**...the king of steaks, king sized. This is the steak to choose when you want to really treat yourself, celebrate, or just show off.....\$27.99

### **Steak-Makers**...Add any of the following to your steak:

**Beer reduction**...onions, button and portabella mushrooms all braised in beer and butter...\$1.99

**Peppercorn Sauce**...our own recipe with Napoleon Brandy, cream and fresh cracked peppercorns...\$2.99

**Brandy Sauce**...a sweet and savory sauce with pan-seared mushrooms & smoked bacon bits...\$2.99

**Prawn Skewer**...4 tiger prawns packed on a skewer and grilled with lemon pepper and butter...\$4.99

## **CHICKEN & SEAFOOD**...Served with seasonal veggies and choice of our famous brick oven mashed potato, wild rice pilaf or battered fries.

**Salmon on a Plank**...a 7oz. wild salmon fillet forno baked on an aromatic cedar plank with fresh dill and seasonings.....\$17.29

**Brandied-Candied Salmon**...a sweet brandy marinade-infused wild salmon fillet with capers and cream cheese.....\$17.99

**Hunter's Chicken**...try a double chicken breast topped with sautéed mushrooms, jack cheese and hollandaise. Truly a feast after a long day of chicken huntin'.....\$16.99

**Lemon-Pepper Tiger Prawns**...skewered and hot off the barbie. Sprinkled with our blend of lemon pepper and spices. Served with more lemon and butter on a bed of rice....\$16.99

**Mexican Firebird**...a pair of blackened and corn flour-coated chicken breasts, finished in our forno oven with tomatoes, black olives, green onions, jalapenos, avocado slices, jalapeno jack and cheddar.....\$17.99

## **RIBS**...We rub in our spices, then slow smoke these bad boys for 5 hours with a blend of apple and cherry wood.

**Canadian Heavyback Pork Ribs**...choose from either our BBQ sauce or our spicy Calypso marinade to make them so good you will remember why you're not a vegetarian.....\$22.99 Half rack.....\$16.29

**Calypso Ribbits**...a pile of 'mini ribs' that have a ton of meat. Brushed with our Calypso marinade.....\$15.99

**Chicken and Ribs**...can't make up your mind? Try a little of both. 2 BBQ'd chicken breasts along side our half rack of pork ribs.....\$22.99

## **MEXICAN**...The way all Mexican food should be- with fresh guacamole made right at your table!

**Lime Fajitas**...red and green peppers, onions, warm flour tortillas, cheddar, salsa and sour cream Chicken....\$15.99 Steak....\$16.49 Veggie....\$13.99

**Brick oven Quesadilla**...not for those with dainty appetites. Spiced beef or chicken, onions, tomatoes, pepperjack and cheddar. Baked piping hot and served with salsa and sour cream...\$14.49 Veggie....\$12.99

**Mini-Quessy**...for smaller appetites. Beef or chicken quesadilla with Caesar salad....\$12.29 Veggie....\$11.29