



THE FROGSTONE GRILL

www.frogstone.com



22932 Lougheed Hwy., Maple Ridge
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2773 Barnet Hwy., Coquitlam
604-941-7686 / FAX: 1-866-244-7890

BREAKFAST

Served from 9:00-3:00 Saturdays and Sundays

FRENCH TOAST

French Toast "Mixer"...2 slices of French toast with 2 eggs and 2 strips of bacon.....\$8.29

Pan-Seared Apples... 3 texas slices with fresh apples, butter and cinnamon, cooked to order....\$8.99

Blueberry Mango...find your thrills with this amazing combination of blueberries sautéed in exotic mango puree.....\$9.29

Spiced Strawberry...big berries blended with spices, then topped with cream cheese.....\$ 9.29

BENEDICTS ...Served with Frogstone Hashbrowns

Eggs Benedict...we start with homemade focaccia bread then add smoked ham, 2 eggs and top it off with hollandaise.....\$9.29

Eggs Frogstone...smoked bacon and grilled tomatoes on fresh focaccia topped with hollandaise....\$9.49

B.C. Bene...our house-smoked salmon, fresh dill, cream cheese and capers. Topped with hollandaise....\$10.29

Southwestern Scrambled Bene...bacon, caramelized onions, jack cheese and avocados topped with 2 scrambled eggs and our hollandaise.....\$9.99

FRITTATAS ...Served with Frogstone hashbrowns and choice of fresh cranberry sourdough, multigrain or Italian pané.

Ham & Cheese...smoked ham, mozza & cheddar cheeses...\$9.79

Ranchero...spiced beef, tomatoes, pepperjack and cheddar, onions, and yes - jalapenos baby!.....\$9.99

California Veggie...tomatoes, mushrooms, olives, green peppers and onions topped with feta and jack cheeses.....\$9.29

The 'Michelangelo'...spicy chorizo sausage, green peppers, green onions, asiago and mozza cheeses. A real work of art.....\$9.99

Florentine...pan-seared shrimp, onions, dill and fresh spinach topped with hollandaise.....\$10.29

OTHER GREAT BREAKFAST STUFF

Breakfast Bird...inspired by our top-selling sandwich. Two scrambled eggs with smoked ham, tomatoes, cheddar and our red pepper mayo all piled on homemade focaccia then sizzled in the forno oven.....\$8.79

San Andreas Burrito...this an earthshaking combination! 3 eggs, pepperjack cheese, onions, spiced beef and peppers all tucked into a sundried tomato tortilla and served with hashbrowns.....\$9.29

Bacon or Ham and Eggs...your choice of smoked ham or bacon with 2 eggs flipped any way you like, Frogstone hashbrowns and your choice of toast.....\$8.49

Zeus Scramble...feta cheese, black olives, tomatoes, fresh spinach and green onions scrambled with 3 eggs and served with hashbrowns.....\$9.29

Richard's Scramble...mushrooms and bacon sautéed, then scrambled with 3 eggs, topped with cheddar. Served with hashbrowns and choice of toast.....\$9.29

Spiced Grapefruit...1/2 a pink grapefruit sprinkled with cinnamon-spiced sugar and caramelized in our brick oven. Served with 2 scrambled eggs, cranberry sourdough toast and coffee or tea.....\$7.99

Grilled Banana/Apple Quesadilla... grilled bananas and apples set inside a warm tortilla with granola, cinnamon, dried cherries and cranberries. Served with fresh fruit...\$8.99